



# THE BACHMANN-STRAUSS Dystonia & Parkinson Foundation, Inc.

FOR IMMEDIATE RELEASE

**CONTACT:**

Christina Pepi

[cpepi@bsdpf.org](mailto:cpepi@bsdpf.org)

(212) 682-9900

## **DYSTONIA & PARKINSON PATIENT AND CAREGIVER SYMPOSIUM HOUSES TOP NEUROLOGISTS AND SPECIALISTS**

The Bachmann-Strauss Dystonia & Parkinson Foundation is hosting The [Dystonia & Parkinson's Disease Patient Symposium](#) at The Graduate Center, 365 Fifth Avenue, New York City on Tuesday, February 28, 2012. This one-of-a-kind full day event, starting at 8:30am through 3:00pm, brings together patients and caregivers with [top neurologists](#), specialists and pharmaceuticals in the field of [dystonia & Parkinson's disease](#). As a service to the community The Bachmann-Strauss Dystonia & Parkinson's Patient Symposium is **FREE** to the public, including complimentary breakfast and lunch, but registration is required.

The day is divided into two portions. During the first portion attendees will experience a panel discussion with top neurologists speaking about the latest treatments, therapies and research including a question and answer portion with the audience. The lineup of top neurologists include, Susan Bressman, MD, Chair of the Mirken Department of Neurology at Beth Israel Medical Center, Stanley Fahn, MD, H. Houston Merritt Professor of Neurology and Director of the Center for Parkinson's Disease and Other Movement Disorders at Columbia University, Steven Frucht, MD, Director of the Movement Disorders Division at Mount Sinai Medical Center, Nutan Sharma, MD, PhD, Director of The Dystonia Clinic at Massachusetts General Hospital, Alexander Shtilbans, MD, PhD, Assistant Professor of Neurology at Weill Medical College of

Cornell University. Emmy Award Winning Medical Journalist, Dr. Max Gomez of CBS News, will be moderating a portion of the panel discussions.

The second portion offers attendees unique interactive classes with dystonia and Parkinson's disease specialists. These interactive classes include Chair Yoga instructed by Roberta Schine, Emotional Coping Strategies instructed by Mark Groves, MD, Alexander Technique instructed by Joan Arnold, and Music, Movement & Dance instructed by David Leventhal and John Heginbotham. These classes give attendees the opportunity to learn different takeaway techniques from dystonia & Parkinson's specialists that can be used to improve their quality of life.

For further information on this event visit [www.dystonia-parkinson.org/symposium2012](http://www.dystonia-parkinson.org/symposium2012).

## **ABOUT THE FOUNDATION**

The Bachmann-Strauss Foundation is an independent, nonprofit, 501(c)3 organization, established in 1995 to find better treatments and cures for the movement disorders dystonia and Parkinson's disease, and to provide medical and patient information. Key among its efforts, the Foundation funds scientific and clinical research and helps to raise awareness of Parkinson's disease and dystonia among the general public and the medical community.

For further information, visit [www.dystonia-parkinson.org](http://www.dystonia-parkinson.org).

**###**